



## JOURNEY RETREATS

*within and beyond*

**a living  
ethos**  
ABUNDANCE BEYOND WEALTH  
HEALING BEYOND HEALTH  
ENTER THE BEYOND

📍 OLYMPUS ISLAND  
TWO BUNCH PALMS  
ON SITE (YOUR PLACE)

JOURNEYRETREATS.ORG  
EIN# 33-4508601

✉ info@journeyretreats.org

MISSION - TO *inspire* AND NURTURE THE HUMAN SPIRIT.  
VISION - TO *elevate* HUMANITY, A LIVING ETHOS.

☎ 360.349.5157



**WHAT ARE WE?** We are a nonprofit 501c3 devoted to elevating humanity. We offer wellness retreats to inspire and nurture the human spirit. The journey begins within but you travel beyond to the unseen realms of spirit. Enter the field of infinite potentials. Whether you seek personal wisdom, to explore art and design, or a more holistic approach to leadership, we offer curated transformational experiences.

**WHO ARE WE?** This is a personal story, a journey I travel with my husband, Tom. A decade ago we received an angelic message, an elemental path of return to the stars; transcendence of the physical world. Spirit altered the course of our lives when we had the courage to devote ourselves to the path and walk in faith. We followed our heart and soul. I believe that spirit calls us all to return — to live our destiny.

jour.ney — A passage from one place to another; to travel *beyond*.

re.treat — A withdrawal for *meditation*, prayer, study and instruction.

**WHAT DO WE BELIEVE?** We believe we can tap into the brilliance of the Universe, inducing flow states of human transcendence. We believe there is a path of return; that we are the bridge of heaven and Earth. Join us on a journey of self-discovery. This is about your heart and soul. You are sending a frequency to the Universe, change the frequency and change your life. More love. More light. More magic. This is about more.

Everything is energy. Match the *frequency* of the reality you want and you cannot help but get that reality. It can be no other way. — ALBERT EINSTEIN

**HOW DOES THIS WORK?** You contact us and share your vision. We curate the experience. It feels like camp with arts, crafts, fire pits and stargazing but you are elevating your vibration to match the energy of spirit - love. We begin in the heart. The path of return is *within*. Your heart is the compass and your soul is the guide. Your body is the temple and you are the technology. You were made for this is; it is in your DNA.

**HOW IS THIS A CHARITY?** You attend a life-altering retreat and your donation (payment for our services) funds our nonprofit. We have designed programs to feed the body, soul and spirit of vulnerable youth. We believe we all have a destiny, a reason for being. We believe in a living ethos, an elevated life of spirit.

Sincerely,

*Anna Boatright*

**ANNA BOATRIGHT**

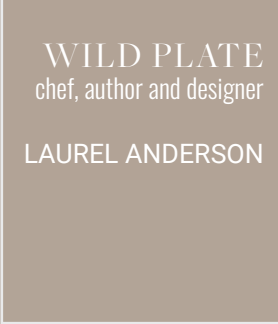
EXECUTIVE DIRECTOR

*Matter is spirit reduced to the point of visibility.* — ALBERT EINSTEIN



WILDKIND  
wilderness survivalist

JESS CALDWELL



WILD PLATE  
chef, author and designer

LAUREL ANDERSON

We partner with people and organizations that are passionate about their craft and align to our vision. We believe we are better when we gather together.

SWORD & LOTUS  
breathwork, meditation  
yoga & Hakomi

TAI HUBBERT



Bowl of Hope is a soup kitchen that feeds the body and soul. We use organic produce from our farm and a network of local cooks.

*Hope is a waking dream.*  
— ARISTOTLE



Shift with Us



### OUR GIVE BACK

We have programs that serve the youth, our future. We believe that all children deserve to be safe. We value human dignity, divinity and sovereignty. We have 7 programs designed to elevate lives.

The meaning of life is to find your *gift*. The purpose of life is to give it away. — WILLIAM SHAKESPEARE

We believe that purpose is essential. It is when we give our gifts to the world that we experience grace. We believe that service is the way. It is the path of return.

For it is in giving that you *receive*. Remember that when you leave this earth, you can take with you nothing that you have received — only what you have given. — ST FRANCIS OF ASSISI

We have summer camps, Roots and Wings, where youth explore art and nature. We have an honor code for athletes designed to teach virtue and ethics to youth. Contact us to learn more about our offerings and how you can donate or volunteer!

We believe in *destiny* and legacy; you have a reason for being. We believe in heart and *soul*; you are guided by spirit. We believe in *creator* and creation; you create your world. We believe in a living *ethos*; live an elevated life of spirit.

Want to learn about our philanthropic vision? We would love to share!



ROOTS & WINGS  
youth nature camp



PANTHEON  
HONOR CODE FOR ATHLETES

*Knowing yourself is the beginning of all wisdom.* — ARISTOTLE

**TOM BOATRIGHT**

TOM is an acclaimed oil painter and visionary artist. He has a form of synesthesia and paints in a sound chamber, the Starlit Hall. He enters the etheric realms, an elevated consciousness.

He is a partner in a technology firm. He has 30+ years of innovative executive level IT experience in the State and private sector. He believes we are the architects of our lives. We have a purpose or destiny.



**WHAT ARE THE AMENITIES?**

We have a 166 acres of land with labyrinths, trails, old growth, two ponds and a 5 acre lake. We have an organic garden with bees, wild blueberries, orchard and mini farm with Nubians! We have a resonance chamber and pickle ball courts. The lodge has three gathering rooms and private guest rooms as well as two adjacent residences. We believe in organic luxury and ease.

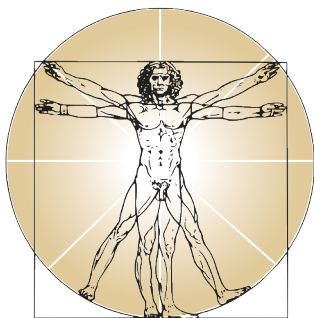
**WHAT ARE YOU SEEKING?**

Our retreats are curated for your unique blueprint, from the food we serve to the experiences we offer. This is personal. We are immersing you in nature, creation. Explore a high vibe lifestyle.



<p><b>PERSONAL RETREAT</b> <i>find yourself here</i></p> <p>UNIVERSAL LAWS ASTROLOGY SOUND HEALING ARTS AND CRAFTS JOURNALING VISION BOARD MEDITATION QUANTUM HEALING AYURVEDA BREATHWORK YIN YOGA ORGANIC FARM HAKOMI THERAPY ANGELIC GUIDANCE</p>	<p><b>CORPORATE RETREAT</b> <i>holistic leadership</i></p> <p>STRENGTHSCOPE AGILE OCM ARCHETYPES SOUND HEALING MEDITATION HAKOMI THERAPY RESTORATIVE YOGA AYURVEDA BERRY COBBLER ARTS AND CRAFTS WILD KIND LEADERSHIP TEAM BUILDING Deliverables culture campaigns, market analysis, archetypes, Strengthscope, etc.</p>	<p><b>ART@DESIGN RETREAT</b> <i>organic luxury &amp; ease</i></p> <p>QUINTESSENCE EXPLORE THE MASTERS TURBULENCE - VAN GOGH DIVINE SYMBOLISM - KLINT SPIRIT &amp; MATTER LAWS OF LIGHT FORM &amp; FUNCTION ELEMENTAL DESIGN MINGUA &amp; FENG SHUI SOUND HEALING VISION BOARDS MEDITATION VISUALIZATION RESTORATIVE YOGA</p>
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We have curated examples of 3 night retreats. Contact us to design your unique journey. It is ideal to have 4+ people.



**QUINTESSENCE**  
THE PATH OF RETURN

**ANNA BOATRIGHT**

ANNA has a background in fine art curation and interior design. She uses an ancient elemental method Aristotle called Quintessence. Quintessence is a compass for the modern world. She has decades in corporate marketing, leadership, wellness and anthropology. She is Strengthscope certified in core, team, leader and Agile OCM.

**HEATHER TAYLOR-ZIMMERMAN**

HEATHER has a PhD in archetypal depth psychology and creative transformation. She is certified in graphic facilitation, wilderness rites of passage, storyboarding, and quantum hypnotherapy. She is a visionary artist and Jungian scholar with decades of practice and study with creative soul transformation.

*The kingdom of God is within you. — JESUS*



## TRANSCENDENCE AND THE 12 UNIVERSAL LAWS OF LIGHT

There are 12 Laws that govern the Universe. Knowing and applying these laws is how we create an elevated life of spirit, a living ethos. Belief creates reality. Change your beliefs and you will change your life. This is about elevating your energy, raise your vibe! More faith, less fear.

tran.scend.ence — An experience *beyond* the known physical world.



### DO YOU HAVE A METHOD?

We practice an ancient energetic method. Everything is energy. Atoms vibrate at different frequencies. The lower vibrations can be perceived with the physical senses but we can access higher vibrations, Universal energy. This is not superstition. This is science.

Einstein believed that imagination and intuition were the means of accessing the Universe, the field of consciousness. Einstein differentiated between logic (rational) and intuitive insight, a feeling of knowing (intuitive). Logic was finite and intuition infinite.

I didn't arrive at my understanding of the *laws of the Universe* through my rational mind, I got them through my intuition. Logic will get you from A to B; imagination will take you everywhere. - ALBERT EINSTEIN

Nikola Tesla, another visionary scientist, believed that understanding vibrational frequency was the key to unlocking the mysteries of the cosmos. Tesla's work explored how vibrations, light and sound waves, could impact reality and influence phenomena.

If you want to find the *secrets of the Universe* think in terms of energy, frequency, and vibration. - NIKOLA TESLA

As we raise our vibration to the energy of the Universe, we match the frequency of spirit - love. This is how we amplify our energy and manifest miracles. As we practice the laws of light, the binding laws or order that govern the Universe, we share our gifts with the world.

The intuitive mind is a *sacred gift* and the rational mind is a faithful servant. We have created a society that honors the servant and has forgotten the gift. - ALBERT EINSTEIN

Throughout time many masters have shared one message with humanity. Love. Love is the way. The path of return is within. This is about your heart and soul. Contact us to share your vision and tell your story! Join us as we create heaven on Earth!

In gratitude and service,

*Anna*



*When you start to walk on the way, the way appears.* — RUMI